

In the Specification:

Please insert the following paragraphs at page 5, line 8:

Figure 4A represents a cross-section of the medial region of an embodiment of the invention that is formed of one layer.

Figure 4B represents a cross-section of the lateral region of an embodiment of the invention that is formed of one layer.

Figure 5A represents a cross-section of the medial region of an embodiment of the invention that is formed of two layers.

Figure 5B represents a cross-section of the lateral region of an embodiment of the invention that is formed of two layers.

Figure 6A represents a cross-section of the medial region of an embodiment of the invention that is formed of three layers.

Figure 6B represents a cross-section of the lateral region of an embodiment of the invention that is formed of three layers.

Please amend the paragraph on page 7 starting at line 9 and ending at line 17 as follows:

The lower surface of the main body 10 is illustrated in Figure 3 and includes a thickened portion 32 that runs longitudinally along the lateral region 20 of the lower surface of the main body 10. The thickened portion 32 runs from substantially the distal fifth metatarsal bone to the heel of a foot. The thickened portion 32 is thickest along the transverse arch of the foot and tapers to the thin base at the toe and along the longitudinal center-line ~~[[34]]~~40 of the main body 10. The thickened portion 32 is of substantially the same thickness along the lateral region 20, from the transverse arch of a foot to the heel. The thickened portion 32 provides foot support while causing an inward cant of the back portion of the foot to provide a proper foundation for an ideal golf swing.